

A Kids Summary of Pediatric Patient Tour

Introduction

So, you are having surgery at the Lakeview Surgery Center. We want you to be as comfortable as possible throughout your entire experience. That's why we are going to tell what it will be like when you have surgery through two special friends -- Shelby and Travers.

Getting Ready At Home

Shelby gets up very early the day of her surgery and gets ready to go to the Surgery Center with her mom and dad. Who will go with you?

This morning she doesn't eat any breakfast because her tummy needs to be empty when she has her surgery. As Shelby gets ready she brings her favorite stuffed animal and blanket. She also brings an extra set of clothes to wear home after her surgery.

When Shelby and her mom and dad get to Lakeview Surgery Center, they are greeted at the reception desk and check in.

In the pre-surgery room, Shelby changes in to hospital clothes. A nurse checks Shelby's blood pressure, listens to her heart and takes her temperature to make sure she is healthy and that her body is ready for surgery.

The nurse also talks to Shelby's mom and dad about her upcoming surgery, reviews her health history and double checks to make sure she doesn't have any allergies. During this time, Shelby and her mom and dad can ask any questions they may have about her surgery.

Pre-Operative Care/Anesthesiology

Now, let's meet Travers. He is also having surgery at the Lakeview Surgery Center. After doing everything Shelby did, Travers says "See you later" to his mom and dad and goes with a nurse to the surgery room. In the surgery room, everyone wears a special hat along with masks to make sure everything stays clean and germ-free.

The nurses put a pulse oximeter on his finger that helps the doctors and nurses measure how much oxygen is in his body. Stickers are also placed on his chest to help the doctors and nurses watch his heart beat.

Before his surgery, Travers meets with the anesthesiologist, sometimes called the "nap doctor", and a surgery nurse shows him the anesthesia mask. Travers will wear the mask in the operating room to give him medicine that will make him fall asleep.

The medicine kept Travers sleeping throughout his entire surgery. When his surgery was over, the anesthesiologist stopped giving him medicine so that he would wake up.

Before your surgery, you will get to choose what flavor of anesthesia mask you would like: bubble gum, cherry or strawberry.

After his surgery, Travers was taken to the recovery area where he started to wake up. As soon as he was awake, the nurse went and got his mom and dad. Travers then spent time in a post-surgery room where he drank clear liquids such as 7-Up, Apple Juice and Water.

Travers's nurse checked his temperature, blood pressure and heart rate again. After Travers was fully awake, had something to drink, and his nurse had given his parents special instructions on caring for him at home - it was time to go. A nurse from the Lakeview Surgery Center called Travers's parents the next day to make sure he was feeling OK and to answer any questions he and his parents may have.