

Section Title	Effective Date:	Page: 1	Date Revised:
NURSING - PREOP			5-07
Subject:			
HISTORY AND PHYSICAL			

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POLICY

A current, comprehensive history and physical will be available for all patients prior to surgery to assist in providing safe, quality care for the patient.

GUIDELINES

- A. History and physicals may be done by the surgeon or by the patient's personal physician. If the personal physician completes the H&P, the proposed procedure / surgical plan needs to be addressed by the surgeon on the day of surgery.
- B. Patients having dental surgery must have an H & P by a M.D. or D.O. The dentist must indicate the pre-op diagnosis and the proposed surgical plan on the H&P, if the general H&P does not support the specific surgery.
- C. Podiatrist performing surgery at LSC may complete their own H&P for any ASA 1 patients. The anesthesiologist will be responsible for assessing the heart and lungs of these patients on the day of surgery. Documentation should include a thorough problem-focused history, neurological exam, vascular exam dermatologic exam, musculoskeletal exam and any relevant diagnostic studies for the procedure.
- D. Podiatrist performing surgery for any patient identified as ASA 2 or greater must have an H&P completed by a M.D. or D.O. The podiatrist needs to address the proposed procedure / surgical plan, if this is not indicated on the H&P provided by the M.D. or D.O.
- E. The H&P may be dictated to the transcription line, typed and faxed from the physician's office or written on the short form H&P provided by Lakeview Surgery Center.
- F. It is the responsibility of the pre-op nurse to verify that the H&P is on the chart prior to surgery. If one is not available, then the surgeon will write one prior to the patient being taken to the Operating Room.
- G. H&Ps are considered current for 30 days prior to the date of service.
- H. H&Ps become a permanent part of the patient's medical record.
- I. The History & Physical Exam shall encompass all those systems, which customarily and usually are the standard for a complete exam within the practice of the respective specialty. At a minimum, an H&P will include:
 1. Comprehensive problem-focused review/exam of the present illness/injury and symptoms.
 2. Relevant past medical, surgical and family history.
 3. List of current medications, including natural and herbal remedies as appropriate.
 4. List of current known allergies and medication reactions.
 5. Risk assessment to include any existing co-morbidity.
 6. Diagnostic studies relevant to the patient's health status and for the procedure being performed per standards of specialty practice.
 7. Review of abnormal findings of any ancillary studies.
 8. Assessment of general condition and system review, including an examination of the heart and lungs by auscultation.
 9. Pre-op diagnosis and surgical/procedural plan.